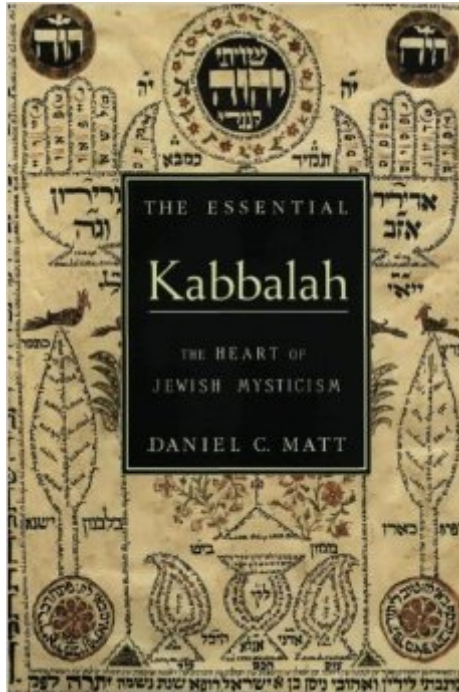


The book was found

# The Essential Kabbalah: The Heart Of Jewish Mysticism



## Synopsis

A translation of the Kabbalah for the layperson includes a compact presentation of each primary text and features a practical analysis and vital historical information that offer insight into the various aspects of Jewish mysticism.

## Book Information

Paperback: 240 pages

Publisher: HarperOne; 1 edition (January 6, 2009)

Language: English

ISBN-10: 0062511637

ISBN-13: 978-0062511638

Product Dimensions: 5.3 x 0.5 x 8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (83 customer reviews)

Best Sellers Rank: #23,199 in Books (See Top 100 in Books) #2 inÂ Books > Religion & Spirituality > Judaism > Kabbalah & Mysticism #19 inÂ Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Mysticism #25 inÂ Books > Religion & Spirituality > Judaism > Sacred Writings

## Customer Reviews

The book *Essential Kabbalah*, compiled by Daniel Matt, is a wonderful basic introduction to a very mysterious and often overlooked mystical practice. So often in popular (and even educated) opinion, Judaism of old was considered legalistic and pedantic; however, the Kabbalistic practices introduced here helped to keep alive a true tradition of spirituality through Judaism (more heavily influencing Sephardic Judaism than others). According to Prof. Lawrence Fine (one of my professors when he and I were at Indiana University): 'Kabbalah is a mystical tradition filled with radiance, vitality, and spiritual depth. [In Matt's book] we catch a glimpse of the sparks of diving life about which the kabbalists speak.' Those who persevere in this wisdom find that when they ponder these teachings many times, knowledge grows within them--an increase of essence. The search always leads to something new. 'Kabbalah has often been a secret, or restricted, knowledge. Some have likened it to a gnostic framework. Some kabbalists would not teach, or indeed even discuss, kabbalistic knowledge and practice with anyone under forty years of age.' Other requirements included high moral standards, prior rabbinic learning, being married, and mental and emotional stability. The point is not to keep people away from Kabbalah, but to protect them.' The tendency for

people to get lost in spirituality, essentially to get lost in the vastness of God to be found deep within themselves, has been noted in almost every spirituality of maturity throughout history. And many has been the false prophet who entices the unwary and uninitiated into mystical territory only to abandon them there.

[Download to continue reading...](#)

The Essential Kabbalah: The Heart of Jewish Mysticism Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Complete Books of Enoch: ALL THREE: New Translation with Extensive Commentary (Theosophy / Mysticism): (Theosophy / Mysticism) The Three Temples: On the Emergence of Jewish Mysticism (Littman Library of Jewish Civilization) El Poder de la Kabbalah: The Power of Kabbalah, Spanish-Language Edition (Spanish Edition) Kabbalah y Sexo: The Kabbalah Book of Sex (Spanish Edition) The Complete Guide to the Kabbalah: How to Apply the Ancient Mysteries of the Kabbalah to Your Everyday Life Introduction to the Book of Zohar: The Spiritual Secret of Kabbalah; vol. 1: The Science of Kabbalah (Pticha) (English and Hebrew Edition) Kabbalistic Visions: C.G. Jung and Jewish Mysticism Honey from the Rock: An Easy Introduction to Jewish Mysticism Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) The Other in Jewish Thought and History: Constructions of Jewish Culture and Identity (New Perspectives on Jewish Studies) Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) Prayer of the Heart in Christian and Sufi Mysticism The Religious Thought of Hasidism: Text and Commentary (Sources and Studies in Kabbalah, Hasidism, and Jewish Thought, V. 4) The Horizontal Society: Understanding the Covenant and Alphabetic Judaism (Vol. I and II) (Emunot: Jewish Philosophy and Kabbalah) The Kabbalah: The Essential Texts from the Zohar (Sacred Wisdom) Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book)

[Dmca](#)